

liquid collagen

DRINK. DELIGHT. GLOW

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product information sheet



As people age, collagen production slows, which can contribute to wrinkles, sagging skin, joint pain, and more. But when you maintain higher collagen levels, you can reduce such effects to continue activating wellness and living a full life.

Give Your Body a Daily Dose of Delight



Provides antioxidants



Helps reduce joint pain associated with osteoarthritis



Source of essential amino acids (histidine, isoleucine, leucine, lysine, methionine, phenylalanine, threonine, valine) for the maintenance of good health (and involved in collagen protein synthesis)



Source of the non-essential amino acids (alanine, arginine, aspartic acid, glutamic acid, glycine, proline, serine, tyrosine) involved in collagen protein synthesis

Did You Know?

- Collagen is the most abundant protein in the body and makes up 25-35% of all proteins.

Don't Let Aging Stop You From Living

As you age, collagen production decreases. The collagen that remains starts to break down at an accelerated pace and isn't the same quality you had when you were young. Visible signs of decreasing collagen levels include wrinkles, sagging skin, as well as internal signs such as weakening muscles, joint pain, and more, making it vital to maintain those collagen levels.

Why Collagen Matters

Collagen is the primary building block of your body's skin, muscles, bones, tendons, ligaments, and other connective tissues. Its main role is to provide structure, strength, and support throughout your body. In your 20s and particularly after your 30s, collagen production within the body meets a steep decline, which can significantly impact how you look and feel. Even with a well-balanced diet, it can be difficult to get the ideal amount of collagen protein from food.

Benefits



Helps stimulate collagen protein synthesis by providing the additional antioxidants and essential amino acids our body needs for this maintenance process.

Who Should Use TrueScience® Liquid Collagen?

Those looking to supplement their amino acid and antioxidant intake, those looking to reduce joint pain associated with osteoarthritis.

Here's How it Works

Maintaining higher collagen levels can provide a number of benefits, like combatting the more familiar visual effects, as well as helping your body fight against stiffness, soreness, and joint pain.

Directions

Adults 18 years and older: 1 bottle (50 mL) per day. Shake well.

ALLERGENS: Fish • Consult a healthcare practitioner before use if you are pregnant or breastfeeding. • Some people may experience gastrointestinal discomfort /disturbances. • Protect from heat and moisture.

Ingredients



Fish Collagen Peptides
10 types of collagen peptides from responsibly caught fish.



Lycopene Beadlets
This natural concentrate derived from red, orange and pink fruits, provides many essential antioxidants which help the body fight against oxidative stress.



Berry and Spinach Extracts
Blueberry Powder (*Vaccinium augustifolia*), Acerola Berry Extract (*Malpighia emarginata*), and Spinach Juice Powder (*Spinacia oleracea*): Our blend of blueberry powder, acerola berry and spinach juice extract supplies vitamin C and antioxidants.

frequently asked questions

What fish do the collagen peptides come from?

The hydrolyzed collagen peptides in Liquid Collagen come from the skins of high-quality, non-GMO whitefish sourced from sustainable fisheries around the world—including Costa Rica, Taiwan, and Iceland—that minimize their environmental impact and optimize the use of natural resources. The collagen is produced in a state-of-the-art facility, allowing for an effective, safe, clean, and sustainable collagen. The peptide extraction process uses only water, and the peptides are thoroughly tested to ensure compliance with regulations to verify they meet strict standards for allergens, pesticides, preservatives, heavy metals, and toxins. Each raw material in TrueScience Liquid Collagen is tested according to specifications, including chemical analysis, impurities, and microbiology, and inspected multiple times during production. The finished product is tested to confirm safety, quality, and potency, so you can trust that what is listed on the label is what is in the product.

Are chemicals used in the collagen/ingredient extraction process?

No. Water is the only solvent used in the extraction process.

Is Liquid Collagen non-GMO and gluten-free?

Yes. It is both non-GMO and gluten-free.

Can I give Liquid Collagen to my pet?

We recommend using a collagen supplement specifically designed for animals.

Are the colors and sweeteners in Liquid Collagen from natural sources?

Our collagen has zero added sugars and no sweeteners! Our sugar and color are from fruit extracts, apple juice concentrate, and other natural sources.

Can I mix Liquid Collagen with other food or drink?

Yes. Just be careful not to heat it excessively, as it may break down active ingredients. It tastes great chilled! You can add it to any beverage, such as your favorite smoothie, for its delicious Appleberry flavor. Liquid Collagen can be taken with or without food.

Do I need to store Liquid Collagen in the refrigerator?

Refrigeration is not required, but some people prefer the taste when it's chilled. Once opened, you must refrigerate any remaining collagen if you don't consume it all at once and make sure to consume within 1 hour of opening.

Is TrueScience Liquid Collagen kosher?

Though many ingredients have been verified by our suppliers as meeting kosher law, the product is not kosher certified. Therefore, we recommend those who adhere to kosher practices do not consume TrueScience Liquid Collagen.

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